



Connecticut Pipe Trades Health Fund

1155 Silas Deane Hwy
Wethersfield, CT 06109-4318
(860)571-9191 Fax (860)571-9221
www.connecticutpipetrades.com

IMPORTANT NOTICE PARTICIPANT ASSISTANCE PROGRAM

July 2016

To All Active Participants and Retirees Not Yet Eligible For Medicare:

We are pleased to announce that effective **September 1, 2016**; Lower Hudson Valley E.A.P. will be the new vendor for the Connecticut Pipe Trades Health Fund's Participant Assistance Program (PAP). Lower Hudson Valley will be replacing Harris Rothenberg International.

The Connecticut Pipe Trades' Participant Assistance Program (PAP) is designed to provide prompt, professional assistance to you and your eligible dependents that need help coping with mental health related problems, substance use disorders and other personal and family difficulties. We encourage you to take advantage of the professional help available to assist you in addressing these personal and family problems.

Please see the attached letter from Lower Hudson Valley's Program Director outlining the services they have to offer.

Contact Information:

Lower Hudson Valley EAP
(800) 327-2799
(914) 245-6300
www.lowerhudsonvalleyeap.com

Best wishes to you and your family for good health.

Board of Trustees

LOWER HUDSON VALLEY E.A.P.

3505 HILL BOULEVARD - SUITE A
YORKTOWN HEIGHTS, NY 10598-1283
LOWERHUDSONVALLEYEAP.COM

TEL. (914) 245-6300
FAX (914) 245-3673
1-800-EAP-2799
LHVEAP@OPTONLINE.NET

L.U. 601



A-NOT-FOR PROFIT CORPORATION

HELPING MEMBERS AND THEIR FAMILIES SINCE 1984

Dear Union Member and Family:

There are many benefits for you and your families to utilize during the year. One benefit that has helped many of our brothers and sisters who have problems and are in crisis is:

LOWER HUDSON VALLEY EMPLOYEE ASSISTANCE PROGRAM

How does our E.A.P. Work? – We are a union sponsored program that helps members and their families with almost any personal or family problem. We offer voluntary and confidential help from licensed counselors who have vast experience in dealing with all types of issues. Our goal is to help get people assistance as soon as possible in order to lower stress and help you function better in your personal life and career.

Elder Care	Drinking Problems	Personal Loss
Substance Abuse	Anxiety/Depression	Anger Management
Marriage Problems	Legal Problems	Health Issues
Financial Pressures	Children Issues	Job Stress/Burnout

When you call Lower Hudson Valley E.A.P., our professionals will help you identify and evaluate your situation. Often a simple phone call can alleviate stress and direct you to needed union friendly services. If you or a family member are experiencing any of life's difficulties or have any other questions or concerns, please give us a call.

We have been assisting union members and their families find solutions to their problems for over 25 years. They are thankful they finally reached out for help. Remember – You aren't alone – others have walked in your shoes!

"WE'RE HERE TO HELP!"

Fraternally,

Dr. Michael W. Popp, Ph.D.
Program Director

"We're Here To Help"

