

Mid Central Operating Engineers Health and Welfare Fund
PO Box 9605
Terre Haute, IN 47808
Responding to the Coronavirus (COVID-19)

March 2, 2023

Dear Fund Participant,

We are here to support you during this global health emergency. Please read this letter carefully as it includes important announcements and reminders.

Anthem COVID-19 Testing

If it is determined that you and/or a dependent need to be tested for the virus, there will be no out-of-pocket cost until May 12, 2023. Your current Anthem provider is aware of this benefit to you, and can direct you to a testing facility, if necessary. As of May 12, 2023, your deductible and out-of-pocket (when applicable) will apply unless the secretary terminates the public health emergency earlier or extends it again, it will end on May 11, 2023.

Activate Health and Wellness Centers

You will continue to have access to several wellness clinics for non-Coronavirus health-related issues. Each location provides benefits for all non-Medicare eligible participants and their family members (over age 3) covered by the Health & Welfare Fund. All services are available at no cost to you, including no out-of-pocket costs.

At this time, the clinics are not administering COVID-19 tests, but can be a resource for you via telephone. The clinics are taking special precautions to prevent the spread of the virus, including providing masks for clinic patients with symptoms of cough, fever, and shortness of breath – as well as placing these patients in an exam room immediately rather than leaving them in the waiting room.

Please DO NOT visit a wellness center without calling first!

The last page of this notice provides the Activate Health and Wellness Center Locations and clinic hours.

LiveHealth Online doctor visits without leaving home

Through your Anthem benefit, LiveHealth Online doctors can answer medical questions, make a diagnosis and even prescribe medication for you, if needed (except in certain states). **You can save time and get the care you need without having to schedule a doctor's appointment or be exposed to other sick people while sitting in a doctor's waiting room.**

The visits will be treated the same as any other in-network office visit, subject to the deductible, 20% coinsurance, and will count towards your out-of-pocket limit. What you pay, depends on whether or not you have satisfied your deductible and out-of-pocket maximum for the year.

Are you experiencing symptoms of COVID-19?

- **Mild (cough or low fever)**
Call your doctor (within the Anthem network) or the Activate Health & Wellness Center to discuss next steps. This may or may not include getting tested.
- **Severe (Inability to breathe or high fever)**
Go directly to the hospital or call 911.

- If you have not met your deductible, you will pay \$59 for the online visit.
- If you have met your deductible, you will pay 20% of \$59 (\$11.80) for the online visit.
- If you have met your deductible and out-of-pocket maximum for the year, you will pay nothing.

Access LiveHealth Online from your Android or iOS mobile device by downloading the free app. Or visit livehealthonline.com on your computer. If you haven't already done so, register today.

OptumRx prescription drugs

At this time, OptumRx does not expect any delays in dispensing prescriptions. If there is a supply chain disruption, they are committed to partnering with you and your prescribing doctor to identify alternatives quickly.

If you are interested in having your prescription delivered to your home, please contact your local pharmacy to learn if this service is offered. In some instances, you may be able to switch your prescription to OptumRx Home Delivery, but this is primarily used for chronic maintenance medications.

Tips for general prevention

80% of people who contract the COVID-19 virus have either mild or no symptoms. Nonetheless, there are standard tips we should all take:

- Wash your hands with soap and water for at least 20 seconds or with alcohol-based hand sanitizer if soap and water are not available.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash, or cough into your arm by bending your elbow.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- The CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19. Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.

The CDC is the primary source for the latest updates on COVID-19. For the most current information, visit www.cdc.gov/coronavirus/2019-ncov/index.html.

If you have questions about your benefits, please call the Fund Office at (812) 232-4384. Due to social distancing requirements, please call and do NOT visit the Fund Office.

Sincerely, The Board of Trustees

Your Activate Health & Wellness Center Locations



1 INDIANAPOLIS MCOE

6920 Parkdale Place
Suite 100
Indianapolis, IN 46254
PH: 317.800.7944
FX: 317.800.7942

CLINIC HOURS:

M 7 am – 5 pm
T 7 am – 3 pm
W 7 am – 5 pm
TH 7 am – 3 pm
F 7 am – 11 am

2 INDIANAPOLIS TEAMSTERS 135

5510 S. East Street
Building A, Suite B
Indianapolis, IN 46227
PH: 317.735.1525
FX: 317.735.1582

CLINIC HOURS:

M 6 am – 3 pm
T 10 am – 7 pm
W 9 am – 6 pm
TH 7 am – 6 pm
F 7 am – 3 pm

3 FORT WAYNE

2932 Ludwig Road
Fort Wayne, IN 46818
PH: 260.755.1304
FX: 260.755.1306

CLINIC HOURS:

M 6 am – 5 pm
T 9 am – 7 pm
W 6 am – 5 pm
TH 9 am – 7 pm
F 6 am – 4 pm

4 TERRE HAUTE

1202 E. Canvasback Drive
Terre Haute, IN 47802
PH: 812.514.5429
FX: 812.514.5428

CLINIC HOURS:

M 6 am – 4 pm
T 9 am – 6 pm
W 7 am – 5 pm
TH 9 am – 6 pm
F 7 am – 11 am

5 PEORIA

204 W. Washington Street
East Peoria, IL 61611
PH: 309.322.6874
FX: 309.322.6875

CLINIC HOURS:

M 8 am – 7 pm
T 6 am – 6 pm
W 7 am – 5 pm
TH 6 am – 6 pm
F 6 am – 1 pm



W: activatehealthcare.com/MidCentralOperatingEngineers