

Five Rivers Carpenters District Council Health & Welfare Fund
C/O Eastern Iowa Fringe Benefit Funds, Inc.
1831 16th Avenue SW
Cedar Rapids, IA 52404
319-366-3623
1-800-847-0113
Fax: 319-362-7272

IMPLEMENTATION OF A MANDATORY STEP-THERAPY PROGRAM

April 2023

To All Active Participants and Pre-Medicare Retiree Participants of the Five Rivers Carpenters District Council Health & Welfare Fund (the Plan):

Effective January 1, 2023, the Plan will add a mandatory step-therapy program to their prescription drug program. The step-therapy program requires the use of a more cost-effective drug prior to the approval of a less cost-effective brand name medication. Current drug classes where drugs are comparable with one another and can be easily interchanged are shown below.

- Antidepressants
- Antihypertensives
- Anti-Inflammatories
- Antipsychotics
- Glaucoma Eye Drops
- Nasal Sprays
- Osteoporosis Medications
- Overactive Bladder
- Proton Pump Inhibitors
- Sleep Aids
- Statins for Cholesterol
- Triptans for Migraine

New drug classes are continually added as more generics become available.

If a given prescribed medication has an available cost-effective alternative, you can potentially receive the first fill of the generic alternative, at retail or mail order pharmacies, at a \$0 co-pay. Subsequent refills would be at the applicable co-pay.

If you have any questions on the information communicated above, please contact SavRx at (800) 228-3108.

Sincerely,

The Board of Trustees