

**FIVE RIVER CARPENTERS HEALTH & WELFARE FUND  
C/O EASTERN IOWA FRINGE BENEFIT FUNDS, INC  
1831 16<sup>TH</sup> AVENUE SW  
CEDAR RAPIDS IA 52404  
319-366-3623  
1-800-847-0113  
FAX: 319-362-7272**

**2023 COBRA RATES:**

Please note the new COBRA Rates effective January 1, 2023

	Old Rates	New Rates Effective 01/01/23
<b>SINGLE</b>		
MEDICAL ONLY	\$684.73	\$724.53
MEDICAL & DENTAL	\$704.72	\$745.13
MEDICAL & VISION	\$688.35	\$728.39
MEDICAL, DENTAL & VISION	\$708.34	\$748.99
<b>EMPLOYEE &amp; 1 DEPENDENT</b>		
MEDICAL ONLY	\$1,245.17	\$1,317.56
MEDICAL & DENTAL	\$1,281.53	\$1,355.01
MEDICAL & VISION	\$1,251.76	\$1,324.58
MEDICAL, DENTAL & VISION	\$1,288.12	\$1,362.03
<b>EMPLOYEE &amp; FAMILY</b>		
MEDICAL ONLY	\$1,781.66	\$1,885.23
MEDICAL & DENTAL	\$1,833.68	\$1,938.82
MEDICAL & VISION	\$1,791.08	\$1,895.27
MEDICAL, DENTAL & VISION	\$1,843.10	\$1,948.86