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Amendment to Your Coverage Manual or Summary Plan Description

This amendment applies to your coverage manual or summary plan description (SPD) **effective August 1, 2022**. The headings refer to sections in the coverage manual or summary plan description (SPD). Please review this amendment and keep it with your coverage manual or SPD.

Details – Covered and Not Covered

Autism Spectrum Disorder Treatment

ABA Therapy for the treatment of Autism is covered. Therefore, Autism Spectrum Disorder Treatment is removed from the Details – Covered and Not Covered section of your coverage manual or SPD and replaced with the following:

Covered: Diagnosis and treatment of autism spectrum disorder and Applied Behavior Analysis services for the treatment of autism spectrum disorder when Applied Behavior Analysis services are performed or supervised by a licensed physician or psychologist or a master's or doctoral degree holder certified by the National Behavior Analyst Certification Board with a designation of board certified behavior analyst. Autism spectrum disorder is a complex neurodevelopmental medical disorder characterized by social impairment, communication difficulties, and restricted, repetitive, and stereotyped patterns of behavior.

Counseling and Education Services

ABA Therapy for the treatment of autism is covered. Therefore, this bullet under Not Covered under Counseling and Education Services is also removed from the Details – Covered and Not Covered section of your coverage manual or SPD and replaced with the following:

Not Covered:

- Learning and educational services and treatments including, but not limited to, non-drug therapy for high blood pressure control, exercise modalities for weight reduction, nutritional instruction for the control of gastrointestinal conditions, reading programs for dyslexia, for any medical, mental health, or substance abuse condition.

All other terms and provisions of your coverage manual or SPD, including any amendments we may have issued previously, remain unaltered and in effect.

David S. Brown
Executive Vice President, Chief Financial Officer and Treasurer
Wellmark Blue Cross and Blue Shield of Iowa

