



July 2021

To All Members of Plumbers & Pipefitters Local 344

Dear Brothers and Sisters:

## Retiree Luncheon in July

Plumbers and Pipefitters Local 344 is going to have an all-Retiree Luncheon on Wednesday, July 28, 2021 from 11:30am – 1:30pm at the Union Meeting Hall at 4335 SW 44<sup>th</sup> St., Oklahoma City, OK. The Local 344 office is going to provide lunch from 12-1. Please use this opportunity to update and/or check on beneficiary cards or express any issues or concerns that you might have. Every one of our retirees are encouraged to come and enjoy a lunch along with great fellowship with your Union brothers and sisters.

## Local Picnic September 11<sup>th</sup>

**Save the date:** The local picnic will be Saturday, September 11<sup>th</sup> from 11-am – 2pm. Plan to bring the whole family for a day of fun. Flu shots will be available again this year.

## Personal Health Assessment Details

***The Benefit office has changed the Health Assessment provider to our partners at Your Health & Wellness Free clinics. Schedule your appointment by calling Your Health and Wellness at 405-920-6100. They will be taking appointments by phone Monday-Friday from 8am-5pm.***

***You can schedule your health assessment for any of the following locations:***

Mustang: at 160 E SW 59<sup>th</sup> Street, Mustang, OK 73064  
Bethany: at 7530 NW 23<sup>rd</sup> St, Bethany, OK 73008  
Moore: at 400 N Eastern Avenue, Moore, OK 73160  
Midwest City: at 901 S Air Depot Boulevard, Midwest City, OK 73110

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*"Unionism has helped to give to everyone who toils the position of dignity which is his due"*

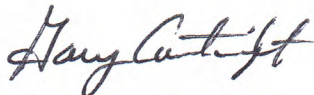
- You will need a form of ID when you arrive to your health assessment appointment.
- You will need to fast for 8 hours before your scheduled PHA appointment (no gum, mints, etc.) You may have water and/or one cup of black, decaffeinated coffee; The fasting requirements are strictly enforced.

### **August Membership Meeting**

Mark your calendars and get involved in the local. Communication is the key to maintaining our solidarity. The next membership meeting will be held at the hall August 3<sup>rd</sup> at 7:00pm.

Remember you can always access previous newsletters at [pp344.com](http://pp344.com).

Fraternally,



Gary Cartwright  
Business Manager

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