



May 2021

To All Members of Plumbers & Pipefitters Local 344

Dear Brothers and Sisters,

## Member Deaths

Brother, **Joe A. Ecker**, Membership Number 1053867, died 5/7/2021. He was a Retired Journeyman Pipefitter.

## UA Convention Delegate Election Results

Congratulations to the following members who were elected on April 20th to represent Local 344 as Delegates to the 40th Convention of the United Association:

James Clouse	Tyler Kincannon
Randal Breeden	Larry Brouk
Darby Lee	Kris Blundell
Clayton Breeden	Kat Disney
Charley Kiser	Frank Lopez
Robert Baker	Craig Blankenship – 1 <sup>st</sup> Alternate
	Clint Mitchell – 2 <sup>nd</sup> Alternate

## Mechanical and Plumbing Continuing Education Courses

The Training Center has implemented online training sessions for both Plumbing and Mechanical. Call (405)632-5629 to get information on participating in these classes. *If you are not sure if you need to complete a CEU class, use the ISAQR app to scan your membership card and view the expiration date(s) under **certifications** on the menu on the left, or check with the Training Center.*

## Health & Welfare

\*\*\*\*\*IMPORTANT HRA NOTICE ON BACK\*\*\*\*\*

The HRA information was mailed separately by Health & Welfare the week of May 10<sup>th</sup>.  
Please check your mailbox!

*"Unionism has helped to give to everyone who toils the position of dignity which is his due"*

To: All H&W Eligible Participants

At the Board of Trustees meeting in March 2021, they voted to award eligible participants with a \$500.00 deposit into your Health Reimbursement Arrangement Account (HRA) with participation in a "Personal Health Assessment" provided to you at no cost, just your time. The money can be used toward any out-of-pocket expenses for 2021. If you don't use, the balance will carry forward each year. The deadline to turn in HRA forms with EOB's is the 6<sup>th</sup> of each month in order to receive a check on or around the 16<sup>th</sup>. The deadline to turn in 2021 claims is March 31, 2022.

We encourage you and your spouse to participate in the Personal Health Assessment. It is for ALL employees, their spouses and retirees who are eligible on the Local 344 health insurance. There is NO incentive for the spouses to participate.

This comprehensive health screening is very informative and at many times can detect health problems while minimal and easily managed.

### Personal Health Assessment Details

***The Benefit office has changed the Health Assessment provider to our partners at Your Health & Wellness Free clinics. Schedule your appointment by calling Your Health and Wellness at 405-920-6100. They will be taking appointments by phone Monday-Friday from 8am-5pm.***

***You can schedule your health assessment for any of the following locations:***

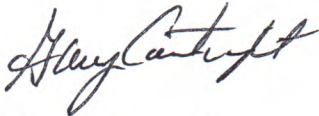
Mustang: at 160 E SW 59<sup>th</sup> Street, Mustang, OK 73064  
Bethany: at 7530 NW 23<sup>rd</sup> St, Bethany, OK 73008  
Moore: at 400 N Eastern Avenue, Moore, OK 73160  
Midwest City: at 901 S Air Depot Boulevard, Midwest City, OK 73110

- You will need a form of ID when you arrive to your health assessment appointment.
- You will need to fast for 8 hours before your scheduled PHA appointment (no gum, mints, etc.) You may have water and/or one cup of black, decaffeinated coffee; The fasting requirements are strictly enforced.

***You MUST schedule your Personal Health Assessment by calling  
1- 405-920-6100 \*\*Appointment times are available Monday-Friday 8am-4pm\*\****

If you have any questions regarding the health assessment, please feel free to call 405-920-6100. For questions regarding the HRA please call the benefit office at 405-682-4581. The HRA forms can be found on the pp344.com website under "forms".

Fraternally,



Gary Cartwright  
Business Manager

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