

healthy choices



live well. be well.

CHOOSING AN in-network Dental Provider SAVES YOU **MONEY**

In-Network Dentist

(Anthem Dental Blue 100/200/300)

| | |
|------------------|----------------|
| Provider charges | \$150.00 |
| Allowed amount | \$80.00 |
| Plan Pays | - \$64.00 |
| YOU PAY | \$16.00 |

By selecting an in-network dental provider your out-of-pocket costs will be lower since the providers have agreed to offer their services at discounted rates. This means you will pay a percentage of lower cost.



On average by using an in-Network Provider

Out-of-Network Dentist

| | |
|------------------|----------------|
| Provider charges | \$150.00 |
| Allowed amount | \$80.00 |
| Plan Pays | - \$64.00 |
| YOU PAY | \$86.00 |

*($\$70.00$ is the difference between allowed amount and the out-of-network provider charges)

To search for an in-network dental provider or to locate a primary care physician

Visit www.655hw.org

IMPORTANCE OF

A PRIMARY CARE PHYSICIAN

A primary care physician is essential to help an individual navigate to good health and stay healthy

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REASONS TO HAVE A PRIMARY CARE PHYSICIAN

1. You'll stay healthier
2. You'll save time
3. You can lower your health care costs
4. They're your guide to the health care system
5. You'll have a trusted health advocate and advisor